



Safeguarding Policy Statement

The Sleep Charity believe that every child, young person and adult has the right to be safe and we believe that it is always unacceptable for a child, young person or adult to experience abuse of any kind. The Sleep Charity recognises its responsibility to safeguard the welfare of all children, young people and adults, by a commitment to practice in a way that protects them.

This statement sets out our commitment to safeguarding, our full policy can be accessed by contacting the Designated Safeguarding Officer/CEO via safeguarding@thesleepcharity.org.uk:

We recognise that:

- The welfare of the child, young person and adult is paramount.
- All children, young people, and adults, regardless of age, disability, gender, racial heritage, religious belief, sexual orientation or identity, have the right to equal protection from all types of harm or abuse.
- Working in partnership with children, young people, their parents, carers, and other agencies is essential in promoting people's welfare.
- Working in a positive way with adults who may be at risk accessing our service is essential to promote their wellbeing and safety.

We will seek to safeguard children, young people and their families by:

- valuing them, listening to, and respecting them.
- adopting child protection guidelines through procedures and a code of conduct for staff and volunteers.
- recruiting staff and volunteers safely, ensuring all necessary checks are made.
- sharing learning, including good practice from safeguarding and child protection practices with children, parents, staff, and volunteers.
- sharing information about concerns with agencies who need to know and involving parents and children appropriately.
- providing effective management for staff and volunteers through supervision, support, and training.
- ensuring all practitioners working directly with children have received up to date safeguarding training.

We will seek to safeguard adults at risk by:

- adopting the six principles of safeguarding adults at risk and adopting person centred practices which are in line with Making Safeguarding Personal.
- involving the adult at risk in decision-making in respect of any safeguarding concerns that may arise. We will follow the principles of the Mental Capacity Act (2005) and its Code of Practice.
- adopting appropriate procedures for responding to concerns and a code of conduct for staff and volunteers.
- recruiting staff and volunteers safely, ensuring all necessary checks are made.
- sharing learning, including good practice from safeguarding practices with adults at risk, staff, and volunteers.
- sharing information about concerns with agencies who need to know, involving adults at risk appropriately.
- providing effective management for staff and volunteers through supervision, support and training.
- ensuring all practitioners working directly with children have received up to date safeguarding training.

What to do if you have a safeguarding concern?

If a child or adult at-risk is in immediate danger, you should always call the police on 999.

If you are concerned that one of our representatives is endangering the safety or wellbeing of others, please contact the Designated Safeguarding Officer on safeguarding@thesleepcharity.org.uk marking the email URGENT.

If you are worried that a child is at risk of abuse or harm, you should call your local child social care team through your local council or the NSPCC helpline for confidential advice on 0808 800 5000.

If you are worried that an adult is at risk of abuse or harm, you should call your local adult social care team through your local council.